

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY**

**SAULT STE. MARIE, ONTARIO**



Sault College

**COURSE OUTLINE**

**COURSE TITLE:** Child and Adolescent Development Part 2  
**CODE NO. :** HSC203 **SEMESTER:** 3  
**PROGRAM:** Child and Youth Worker  
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**DATE:** Sept/2007 **PREVIOUS OUTLINE DATED:** Sept/06  
**APPROVED:**

\_\_\_\_\_  
**DEAN**

\_\_\_\_\_  
**DATE**

**TOTAL CREDITS:** 3

**PREREQUISITE(S):** HSC104

**HOURS/WEEK:** 3

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*For additional information, please contact the Dean*  
*School of Health and Human Services*  
*(705) 759-2554, Ext. 2603*

**I. COURSE DESCRIPTION:**

This course is a continuation of HSC104. It will provide an intensive study of human development from middle childhood to the end of adolescence. Included will be an examination of psychological, physical, cognitive and social growth and development. In some instances, abnormal development and behaviour will be contrasted with normal patterns.

As time allows, issues of development during the adult phase of the life cycle will be reviewed. There will be ongoing study of psychological theory, method and vocabulary.

A holistic view of human development and functioning will be encouraged. Emphasis will be on students integrating and applying their knowledge of developmental patterns and occurrences.

**II. LEARNING OUTCOMES and ELEMENTS OF THE PERFORMANCE:**

**Upon successful completion of this course, the student will demonstrate the ability to:**

1. Promote overall well-being and facilitate positive change for children (from CYW CSAC Learning Outcome #2) through recognition and utilization of developmental influences, patterns and occurrences

*Potential Elements of the performance:*

- a. *demonstrate an understanding of normative and non-normative developmental factors*
- b. *describe and contrast the psychological, cognitive, physical and social developmental achievements of middle childhood and adolescence*
- c. *apply selected theories of development to explain and analyze the developmental needs of children and youth at various stages*

2. Communicate effectively in verbal, nonverbal and written forms which enhance the quality of service (CYW CSAC Learning Outcome #8)

*Potential Elements of the performance:*

- a. *identify and describe, in both written and verbal form, normative and individual factors as they impact on specific cases*
- b. *define and apply selected vocabulary from the child development literature*
- c. *use American Psychological Association reporting format as required*

3. Form professional relationships which enhance the quality of service for children, youth and their families (CYW CSAC Learning Outcome #5)

*Potential Elements of the performance:*

- a. *apply previously learned skills in listening and responding to class discussions in order to promote enquiry and validation of different views, by interacting with others in the class discussions and study groups*
  - b. *actively participate in small group activities, as assigned*
4. Perform ongoing self-assessment and self-care to promote awareness and enhance professional competence (CYW CSAC Learning Outcome #6)

*Potential Elements of the performance:*

- a. *demonstrate the ability to manage time and other resources*
- b. *apply time management skills to ensure punctuality and regular attendance in class, in order to facilitate the group learning and discussion process*

### III. TOPICS:

1. Methods of Studying Development
2. Theories of Development
3. Nature of Development
4. Review of Infant and Early Childhood Development
5. Physical Development in later Childhood and Adolescence
6. Cognitive Development in later Childhood and Adolescence
7. Social/Emotional Development in later Childhood and Adolescence

### IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

1. Children, Canadian Edition, Robert V. Kail and Theresa Zolner  
**\* Previously purchased for HSC104**
2. Access to a course related film and viewing equipment for assignment purposes (details to be provided in class)

## V. EVALUATION PROCESS/GRADING SYSTEM:

**Tests:** There will be five quizzes for 10% each; however, only the best four will be counted. Quiz questions may require students to draw on major areas of study from HSC104. The dates and further details will be provided in class. There will be no opportunity to write missed tests except in the case of a documented medical or personal emergency. **(10% x 4)**

### **Film Case Study:**

#### Oral Component:

Students may do an individual presentation or (preferably) a group presentation based on a case study drawn from a popular film. The film must relate to middle childhood or adolescent development and be approved by the course professor. (*\*see film list attached to classroom schedule*) The presentation time is 15 minutes per person. Therefore, a pair of students would be expected to present for 30 minutes, a group of three for 45 minutes etc. The number of people in the group will determine the required length and depth of the presentation. All presentations will include a focused discussion component. Presentation style and the appropriate use of visual aids and interactive elements will be evaluated together with content, as is reflective of our emphasis on effective communication and interpersonal skills. The oral presentation/discussion will constitute **15%** of the final grade.

#### Written Component:

Each film presentation will be accompanied by a research paper written by the presenter(s). The research paper will provide an in depth analysis of the issues raised in the case, with current research information provided to support the analysis. The paper should identify key issues, investigate them further, and report on them in a clear, complete and scholarly fashion. In the event that a case makes reference to cultural issues relevant in the United States (e.g. Hispanic issues) students are expected to make “cultural translations” to Canadian parallels. As part of the overall analysis, the personal views of the students will be accepted provided they are cross-referenced to research findings. Overall, students are expected to demonstrate a solid grasp of middle childhood and adolescent developmental issues as identified in their assigned case.

The Reference List must include specific information from “Children” (Kail) and a minimum of four other scientific/professional references. References must appear both on a separate sheet and in the body of the paper, as indicated by APA reporting format.

The four additional sources must date within the last ten years and be professionally credible. References may be obtained from books and texts, research journals, professional or news magazines (e.g. Psychology Today, Discover etc.). It is the student’s responsibility to ensure the accuracy of references - if in doubt, contact the professor. Internet sources must be chosen carefully to ensure credibility and relevance. The research paper will constitute **15%** of the final grade.

Length: 2 -3 pages per person, typed and double-spaced

Due Date: TBA in first class

**Personal Reflection Paper:** Students will individually submit a reflection paper regarding their own developmental experience of adolescence, according to criteria attached. This assignment will constitute **15%** of the final grade.

**Class Involvement:** Participation, preparation, completion of readings, satisfactory completion of weekly assignments, and mature involvement in class will constitute **15%** of the final grade.

## VI. METHOD OF ASSESSMENT

4 quizzes at 10%	40%
Film Case Oral Presentation	15%
Film Case Research Paper	15%
Personal Reflection Paper	15%
Attendance and Participation	<u>15%</u>
	100%

### College Grading System

*The following semester grades will be assigned to students in post-secondary courses:*

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Failure)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

**Note:** For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

**Note:** Students may be assigned an “F” grade at Midterm for unsatisfactory performance.

## V11. SPECIAL NOTES:

### Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), visit the Special Needs Office –Room E1101 or call Ext. 2703 as soon as possible so that support services can be arranged for you. Subsequently, you are encouraged to discuss with your Professor accommodations required to enable you to meet the course competencies.

### Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

### Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

### Plagiarism:

Students should refer to the definition of “academic dishonesty” in the *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

### Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

**VIII. PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

**IX. DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.

## **Instructions for Film Case Study Assignment (\*drawn from film list to be provided)**

### 1. Oral Presentation Component (15%)

- a) Presenter(s) will do an oral presentation of an assigned film case study using the following headings as a guideline:
  - Thesis Statement
  - Introduction to the Case
  - Underlying Issue(s) for Discussion
  - Application
  - Concluding Statement
- b) Presenter(s) will provide the class with a 1 or 2 page hand-out of the information presented using the above noted headings
- c) Following the oral presentation of the case, the presenter(s) will lead a class discussion of underlying issues related to the case, based upon 1 or 2 relevant discussion questions per person, prepared in advance by the presenter(s)

### 2. Instructions for Written Component of Film Case Study Assignment (15%)

Presenter(s) will submit a paper on the assigned film case study( 2 to 3 pages per person) that contains research from at least five credible sources, including our text. The paper will use the same headings as the one page hand-out provided for the class, but will expand on various areas in significant detail, as follows:

- a. Thesis Statement: This is a statement or premise relating to the underlying issues that will be discussed, considered and/or proven throughout the paper, using research from various sources. This section of the paper should be contained in a general introduction (no more than one or two paragraphs)

Thesis statement is general in nature, relating to many adolescents

- b. Introduction to the Case: This is a brief overview of the case, which provides basic background and sequence of events. (one or two paragraphs only)

Introduction is specific in nature, relating to the circumstance of the particular case study

- c. Underlying Issues: This section identifies underlying issues which are relevant to the case. Each issue should be researched and discussed in some detail (one to two pages each) using appropriate references.

Discussion of Issues is general in nature. For example, if self-esteem is one of the underlying issues identified in the case, the group would investigate and report on current research related to self esteem in middle childhood or adolescence.

**This section will form the body of the paper (i.e. 3 issues at 2 pages each = approximately 6 pages)**

- d. Application: This section describes how the underlying issues apply to the case (one or two paragraphs only)

Application section is specific in nature, relating to the circumstances of the particular case in the film.

- e. Concluding Statements: This section integrates both general and specific aspects of the paper in a brief summary paragraph. (see sample hand-out attached elsewhere in package)

- f. List of References: minimum 5 references, including text

3. Recommended Work Plan for Presentation Groups

Group Members: \_\_\_\_\_

a) Individual Preparation: Each group member to view the assigned film with particular attention to the character who is the focus of the assignment. While doing so, group members should jot down ideas for a possible thesis statement and underlying issues to be explored. Completed: \_\_\_\_\_

b) First Group Meeting Date: \_\_\_\_\_

i) Members share ideas and reach agreement regarding a thesis statement and underlying issues for research and discussion. Completed: \_\_\_\_\_

ii) Group members divide tasks (i.e. who will take responsibility for preparing each aspect of assignment and by what date?)

decide who will research which of the underlying issues, and record references for same?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

decide who will prepare hand-out for class \_\_\_\_\_

decide who will develop discussion questions for class presentation \_\_\_\_\_

decide what visual aids will be required and who will prepare same \_\_\_\_\_

decide how information can be pooled into one paper (i.e. using compatible computer programs and disks?);  
decide who will prepare final paper (typing, editing and combining the various sections into one cohesive paper with clear sub-headings, cover page, list of references etc.) \_\_\_\_\_

c) Second Group Meeting Date: \_\_\_\_\_

group shares research findings to be incorporated into paper and presentation.  
Completed: \_\_\_\_\_

group plans oral presentation and classroom discussion  
decide who will present what information, in what manner? Finalize discussion questions.  
Completed: \_\_\_\_\_

develop plan to finalize written and oral components of assignment.  
Completed: \_\_\_\_\_

d) Final Group Meeting Date: \_\_\_\_\_

Ensure that all aspects of written and oral components are ready to go, and that all members are aware of their individual responsibilities. Completed: \_\_\_\_\_

**GRADING CRITERIA FOR PRESENTATION/DISCUSSION IN CLASS**

**PRESENTER(S):** \_\_\_\_\_

**LEVELS OF EFFORT AND/OR SKILL DEMONSTRATED IN EACH AREA:**

Minimal Level - lowest score

Expected Level – mid-range score

Exceptional Level – highest score

Length of Discussion (approximately 15 minutes per person including film clips)	0	2	3	4
Effectively introduced the case and identified key issues	0	3	4	6
Used film clips appropriately to support topics of presentation	0	2	3	4
Provided a one page hand-out for classmates, highlighting key points, and following the assigned format	0	4	5	6
Developed several well-chosen <u>open</u> questions to stimulate discussion (i.e. questions that do not have a simple yes/no answer)	0	4	5	6
Was prepared to troubleshoot common group discussion problems				
- if one class member is dominating discussion, summarize and redirect				
- if several people try to speak at once, intervene and request one at a time				
- if people are having side conversations during discussion, let them know the behaviour is distracting and request their attention				
- recognize and prevent side-tracking – keep discussion on main issues				
- discourage excessive negativity (as it undermines constructive discussion) but do try to identify value of all perspectives				
- Attempt to draw out and support “shy” or quiet members				
Manage the time carefully, and end the discussion with a clear statement of summary and conclusion (i.e. do not end by saying “Well, that’s it!”)	0	2	3	4

**GRADE OUT OF 30** **/30**

**DIVIDED BY 2 = FINAL GRADE OUT OF 15** **/15**

**GRADING CRITERIA FOR WRITTEN COMPONENT  
OF FILM CASE STUDY ASSIGNMENT  
CHILD & ADOLESCENT DEVELOPMENT 2**

<b>PRESENTER(S)</b>		<b>Approximate Grading (up to...)</b>
<b>Introduction:</b>	thesis statement and introductory statement(s) clearly indicate topic(s) and purpose of the paper	<b>0 1 1.5 2</b>
	skilful use of sentence structure, avoidance of awkward, disjointed, fragmented, or run-on sentences, avoidance of spelling errors	<b>0 1 1.5 2</b>
<b>Organization:</b>	logical, coherent, unified, suitable to purpose of paper, developed in an orderly fashion building to prove the thesis statement or to a conclusion	<b>0 1.5 2 3</b>
<b>Content:</b>	Informative, specific, clear, recent literature cited, convincing, pertinent, scholarly	<b>0 2.5 3 4</b>
<b>Conclusion:</b>	including final summarizing statements	<b>0 1 1.5 2</b>
<b>Style and APA Format:</b>	proper referencing, title page & reference list, overall appearance	<b>0 1 1.5 2</b>
<b>Penalty for lateness:</b>	1 mark per calendar day	
<b>Total Mark:</b>		<b>/ 15</b>

## **Format for Personal Reflection Papers (15% of final grade)**

Each student will reflect upon his/her own developmental course through adolescence using the following headings as a guideline.

### Physical Development

On-set of puberty and physical changes during adolescence (1.5 marks)

Personal Appearance and Self Image (1.5 marks)

Nutrition and Fitness (1.5 marks)

### Cognitive Development

Academic development (1.5 marks)

Employment or other responsibilities (1.5 marks)

Achievements (high school diploma, driver's license etc.) (1.5 marks)

### Socioemotional Development

Family Relationships through adolescence (1.5 marks)

Peer Relationships (1.5 marks)

Dating and Sexuality (1.5 marks)

### Challenges

Issues or Events That Impacted Adolescence, and How They Were Handled  
(1.5 marks)

\* All aspects of the paper are confidential, and will be seen only by the Professor. Students are therefore encouraged to be as honest as possible in discussing any significant events or issues that impacted their adolescence. However, students are only expected to share as much information as is reasonably comfortable for them.

## Grading Criteria for Personal Reflection Papers

STUDENT: \_\_\_\_\_

Reflection is absent or inadequate	0 marks
Reflection is somewhat weak in terms of depth, clarity or writing style	.5 mark
Reflection is well-considered and well written	1 marks
Reflection is exceptionally thoughtful and articulate	1.5 marks

### Physical Development

On-set of puberty and physical changes through adolescence

0	.5	1	1.5
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Personal Appearance and Self Image

0	.5	1	1.5
---	----	---	-----

Nutrition and Fitness

0	.5	1	1.5
---	----	---	-----

### Cognitive Development

Academic development

0	.5	1	1.5
---	----	---	-----

Employment or other responsibilities

0	.5	1	1.5
---	----	---	-----

Achievements (high school diploma, driver's license etc.)

0	.5	1	1.5
---	----	---	-----

### Socioemotional Development

Family Relationships through adolescence

0	.5	1	1.5
---	----	---	-----

Peer Relationships

0	.5	1	1.5
---	----	---	-----

Dating and Sexuality

0	.5	1	1.5
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### Challenges

Issues or Events That Impacted Adolescence, and How They Were Handled

0	.5	1	1.5
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Mark out of

/15